



17th October 2022

Dear Parents and Carers,

As a part of your child's education at Castle Hall Academy, we promote personal wellbeing and development through a comprehensive Personal Development education programme. Personal Development education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next academic year, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons will include teaching about (select as appropriate or add examples below):

- Healthy relationships, including friendships and intimate relationships;
- families; growing and changing, including puberty; personal hygiene; changing feelings;
- becoming more independent; keeping safe and consent;
- developing self-esteem and confidence.

Students will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. Personal Development is taught throughout the academy in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the academy's website: <https://www.castlehall.com/pshe-citizenship/> for more details about our Personal Development curriculum. All Personal Development teaching will take place in a safe learning environment and is underpinned by our academy's ethos and values.

As an academy community, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, please contact me via email mgriffiths@castlehall.com

Yours sincerely,

M. Griffiths

Miss Griffiths
Head of Personal Development